

# Ohio Suicide Prevention Foundation



325 Stillman Hall • 1947 College Road • Columbus, OH 43210

Phone (614) 292-8585

Fax (614) 247-6173

Web [ohiospf.org](http://ohiospf.org)

*Connecting for Life*

Dear Friends,

The Ohio Suicide Prevention Foundation has been headquartered at The Ohio State University for the past six years. We are thankful for all the kindness and support that OSU has shown OSPF over the years. We appreciate the University for allowing OSPF the time to mature as a statewide non-profit 501© 3 organization. The time has come for OSPF to move on, please make note of our **new address**:

**OSPF**

**993 East Main Street**

**Columbus, Ohio 43205**

**(614) 429-1528**

**Carolyn Givens' ex. # 1000**

**Cheryl Holton's ex. # 1014**

**New Email addresses:**

[Carolyngivens@ohiospf.org](mailto:Carolyngivens@ohiospf.org)

[cholton@ohiospf.org](mailto:cholton@ohiospf.org)

The old email addresses: [givens.62@osu.edu](mailto:givens.62@osu.edu) and [holton.32@osu.edu](mailto:holton.32@osu.edu) will forward to the new addresses for the next 180 days.

We look forward to continuing to work with all of you to help restore hope and connect for life for Ohioans. Have a wonderful summer.

Best Regards,

Carolyn Givens, Executive Director

Ohio Suicide Prevention Foundation



## Connecting For Life

June 30, 2011

[www.ohiospf.org](http://www.ohiospf.org)

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### Monthly Inspiration

There are two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle.

-Albert Einstein

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### Thanks for All Your Help

**Conference Committee Update:** Conference Committee met late yesterday to announce budget information. Conference Committee added an additional \$5 million per year to the Ohio Department of Mental Health's budget. So that means - \$2.5 Million additional per year in the House, \$3.55 million additional per year in the Senate, and \$5 million additional per year in Conference Committee for a total of \$11,050,000 additional per year for the ODMH 505 line item.

The Conference Committee did not add any additional funding to budget for the Ohio Department of Alcohol and Drug Addiction Services. At this point the only additional funds that ODADAS received during the budget process was the \$2.5 million additional put into the 401 line item by the House.

The bill is now slated for final approval in the Senate today and in the House tomorrow.

Thank you again for all of your advocacy efforts. These additional funds would not have been included for the behavioral health system without all of your hard work!

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### Justice Department Releases Olmstead TA Document

The Department of Justice released a new technical assistance [document](#) describing public entities' obligations and individuals' rights under the integration mandate of title II of the Americans with Disabilities Act (ADA) and the 1999 landmark Supreme Court decision, *Olmstead v. L.C.* The *Olmstead* decision held that the ADA requires public entities to provide community-based services to persons with disabilities when such services are appropriate; the affected persons do not oppose community-based treatment; and community-based services can be reasonably accommodated. The document also provides questions and answers on a variety of ADA enforcement issues related to *Olmstead*. The Department of Justice also launched a new section of its ADA [website](#) dedicated to providing information and resources about the *Olmstead* decision.

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### Suicide and Socioeconomic Risk Factors

Two recent articles exploring the relationship between economic factors and suicide have important implications for suicide prevention. Both articles support the value of implementing suicide prevention strategies designed to reach people in economic distress. [Read more](#)



### Depression After A Traumatic Brain Injury

Traumatic brain injuries can lead to other issues, such as depression. A new consumer guide provides treatment options patients can discuss with their clinicians. For the podcast or transcript, go to: <http://healthcare411.ahrq.gov/radiocastseq.aspx?id=1197&type=seq>.

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### Three Spanish Publications About Medication-Assisted Treatment

SAMHSA's new Spanish-language booklets will benefit individuals (and their families and friends) who are entering medication-assisted treatment (MAT) for opioid addiction.

#### **The Facts About Buprenorphine for Treatment of Opioid Addiction (Spanish)**

This brochure provides basic information about the use of buprenorphine in MAT for opioid addiction. It describes how buprenorphine works, as well as its proper use and common side effects. It also explains how buprenorphine fits into the overall recovery process.

#### **Get the Brochure Now**

#### **The Facts About Naltrexone for Treatment of Opioid Addiction (Spanish)**

This brochure provides basic information about the use of naltrexone in MAT for opioid addiction. It describes how naltrexone works, as well as its proper use and common side effects. It also explains how naltrexone fits into the overall recovery process. **Get the Brochure Now**

#### **Medication-Assisted Treatment for Opioid Addiction: Facts for Families and Friends (Spanish)**

This brochure provides basic information about MAT for opioid addiction. It describes medication options, as well as the proper use and common side effects. It also explains how medication fits into the overall recovery process. **Get the Brochure Now**

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### Diagnosis and Disposition of Suicidal Patients in Emergency Departments

A study published in *Academic Emergency Medicine* reveals new information about the frequency of agreement between emergency physicians and consulting psychiatrists on diagnosis and disposition of emergency department (ED) patients with behavioral emergencies. [Read more](#)

This research summary is based on: Douglas, A., Lou, J., and Baraff, L. (2011). Agreement on diagnosis and disposition of emergency patients with behavioral emergencies. *Academic Emergency Medicine* (18) 368-373

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### Governor Signs Emergency Executive Order to Help Fight Prescription Drug Abuse

Governor John R. Kasich recently signed Executive Order 2011-10K, authorizing the State Medical Board of Ohio to establish standards and procedures for pain management clinics in Ohio in order to help fight prescription drug abuse by preventing clinics from operating as "pill mills." The Executive Order follows a request by the State Medical Board of Ohio for an emergency determination. House Bill 93, which was signed into law on May 20, authorized the State Medical Board of Ohio to promulgate rules establishing standards and procedures for the operation of pain management clinics, for the physicians providing care and for the owners who supervise and direct clinic personnel.



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### Rep. Bishop, Others To Launch Crisis, suicide Prevention PSA

The members of the Senate and Congressional Military Family Caucus have launched a new series of public service announcements (PSAs) featuring the message that behavioral health care resources are available for troops, veterans, and their families. The theme of the PSAs is "I Don't Know What It's Like," and they include montages of different celebrities speaking directly to the camera and saying that they "don't know what it's like to go to war," "to be shot at," or to "put their lives on the line." The PSAs were screened during this year's Sundance Film Festival and Academy Awards. The campaign was created by Blue Star Families, a military family support organization; The Creative Coalition, an entertainment industry group; Tragedy Assistance Program for Survivors, a peer-based support organization for those grieving the death of a loved one in the military; and the health insurer Health Net Inc.

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### Kaiser Family Foundation (KFF) Explains Medicaid Provider Taxed, Outlines Their Future Under Health Reform

On May 31, the Kaiser Family Foundation (KFF) released a **brief** reviewing states' use of Medicaid provider taxes and outlining recent proposed changes in federal rules governing their structure. Under current law, states may enact provider taxes to help finance their Medicaid funding obligation. The brief offers a state-by-state breakdown, explaining which states use Medicaid provider taxes and to which services which services the taxes are applied. The authors note that limiting access to federal matching funds and, in turn, lower federal spending obligations by reducing flexibility in state Medicaid budgets. [Read More.](#)

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### KFF Explains The Role and Function of Section 1115 Medicaid Waivers

On June 3, KFF released a **brief** explaining Section 1115 Medicaid demonstration waivers, outlining how they are approved and financed, how states have used them, and how health reform affects them. KFF notes that the waivers have traditionally authorized the testing of novel coverage methods not normally allowed under Medicaid. The authors note that some states are now using waivers to begin expanding health coverage under Medicaid in preparation for full implementation of health reform. In addition, the brief notes that some states use the waivers as a means to reduce costs and address budgetary shortfalls.

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### Trends In Emergency Dept Visits for Drug-Related Suicide Attempts Among Females

Suicide ranks 7th in the top 10 leading causes of death for females aged 12 to 65, making suicide prevention among women a public health priority. Although men have higher suicide death rates, women are treated for attempted suicide more often than men.1 More than 215,000 emergency department (ED) visits involving intentional self-harm were made by females in 2009,1 and females were involved in 3 out of 5 ED visits for drug related suicide attempts. [Read more.](#)



## Connecting For Life

### Brief Highlights California as Model for Medicaid Waiver and Health Exchange Policy Development

Two recent briefs highlight California as an example for state policymakers interested in implementing Section 1115 Medicaid demonstration waivers or establishing health exchanges under the national health care reform law. On June 3, KFF released a **brief** exploring aspects of California's Section 1115 Medicaid waiver, which makes approximately \$8 million in federal matching funds available to expand Medicaid coverage over five years. KFF highlights aspects of the waiver that other states can draw upon in expanding their Medicaid programs under health reform, including its preservation of the county-based safety net system and California's expanded use of managed care for disabled and elderly beneficiaries. On May 31, the Commonwealth Fund released a **brief** offering state policy recommendations for establishing a health exchange based on California's experience. California was the first state to create its own health exchange after the approval of health reform. In particular, the authors highlight aspects of California's exchange that reduce adverse selection and promote cost-conscious behavior.

### Position Open For Delaware/Morrow Suicide Prevention Coalition Coordinator

HelpLine seeking energetic, highly organized, committed individual to coordinate suicide prevention program in two county service area. Responsibilities include overall program coordination including development, implementation, evaluation; Community training presentations to adults, students, and community groups; Engaging community partners to meet collaboratively to develop strategic goals around county wide suicide prevention; Oversee Survivors of Suicide Support Services; Recruit, train, supervise two suicide prevention educators who will implement classroom and community presentations; Maintaining timely documentation and reporting. Some weekend and evening work required;. Qualifications: Bachelors degree in Social Work or related field; LSW or LPC minimum, LISW/LPCC preferred; 5 years experience working in area of suicide prevention/intervention preferred; Excellent skills in community networking/engagement a must; Outstanding presentation/training skills required; Working knowledge of Word, Excel, and PowerPoint. Full time with competitive salary and benefits. Submit resume to Clinical Director via email at [jrundle@helplinedelmor.org](mailto:jrundle@helplinedelmor.org) by June 8, 2011. No phone calls please. Equal Opportunity Employer/Provider.



### Resources On Disasters And Suicide

#### Assessing and responding to mental health needs after a disaster

URL: <http://library.sprc.org/getitem.php?id=484&res=url>

State/Tribal/Adolescents at Risk Suicide Prevention Grantee Technical Assistance Meeting. December 12–14, 2006, North Bethesda, MD. Discusses: definition of and types of disasters; psychological impact; and results from field investigations.

[Show details](#)

#### Research on the mental health consequences of disaster ( Presentation )

URL: <http://library.sprc.org/getitem.php?id=485&res=url>

State/Tribal/Adolescents at Risk Suicide Prevention Grantee Technical Assistance Meeting. December 12–14, 2006, North Bethesda, MD. Considers the following aspects of the research on the mental health consequences of disaster: the reasons to study the effects of disasters and mass trauma; what has been studied; what has been learned; and implications for intervention.

[Show details](#)

#### Podcasts at CDC: Suicide [click on the link below, then search for "suicide" under Topic.]

URL: <http://library.sprc.org/getitem.php?id=630&res=url>

This collection includes the following podcasts: "Toxicology testing and results for suicide victims" (in English and Spanish); "Preventing suicide in young people" (in English and Spanish); "Coping with depression and thoughts of suicide after a disaster"; "Keeping schools safe from violence"; and "Traumatic events and suicide". To see the collection, choose "Suicide" in "By topic" browsing box.

[Show details](#)

#### A guide to managing stress in crisis response professions

URL: <http://library.sprc.org/getitem.php?id=724&res=url>

This pocket guide focuses on general principles of stress management and offers strategies that can be incorporated into the daily routine of crisis response managers and workers. Includes sections on: understanding the stress cycle; managing stress before, during, and after an event; promoting a positive workplace environment; self-care for crisis response professionals; and references and recommended reading.

[Show details](#)

#### Mental Health Intervention in the Event of a Disaster

[http://www.in.gov/fssa/dmha/files/Disastet\\_Mental\\_Health\\_Guide\\_9-2010.pdf](http://www.in.gov/fssa/dmha/files/Disastet_Mental_Health_Guide_9-2010.pdf)

#### Disaster Preparedness & Recovery

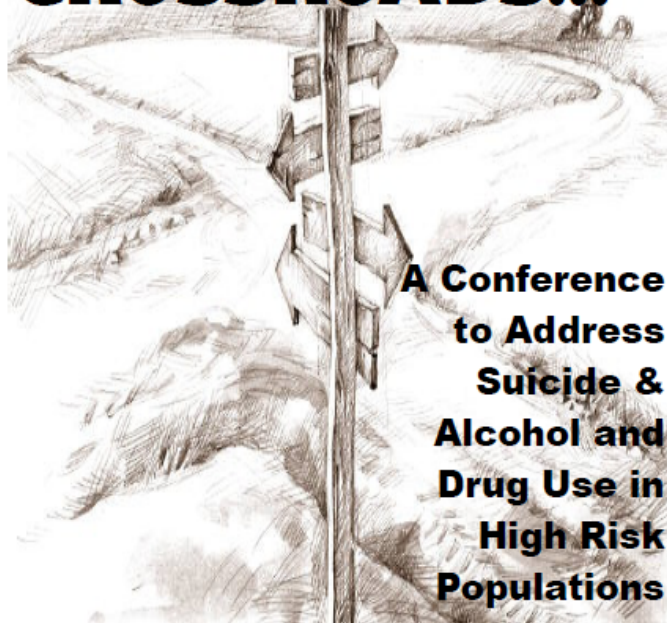
<http://store.samhsa.gov/facet/Professional-Research-Topics/term/Disaster-Preparedness-Recovery?headerForList>

#### Pan American Health Organization -Publications Catalog/Disasters and Humanitarian Assistance/Mental Health

Includes:

- Practical guidelines for mental health in disaster situations (Spanish only)
- Stress Management in Disasters
- Mental Health Services in Disasters - Instructor's Guide
- Mental Health Care in Disaster Situations (Slides)
- Mental Health Services in Disasters - Manual for Humanitarian Workers

# AT THE CROSSROADS...



**A Conference  
to Address  
Suicide &  
Alcohol and  
Drug Use in  
High Risk  
Populations**

# SAVE THE DATE

**Friday July 22, 2011**

**8:30 a.m. - 4:30 p.m.**

**Cherry Valley Lodge, Newark, Ohio**

**\$25 (includes lunch)**

**Plenary Presenters:**

**Carolyn Givens & Karen Vadino**

*Registration information coming soon!*  
Visit [www.pathwaysofcentralohio.org](http://www.pathwaysofcentralohio.org) or  
email [kWASHINGTON@pathwaysco.org](mailto:kWASHINGTON@pathwaysco.org)

