

Breakout Session Descriptions:

- A. Kevin Dixon, Ph. D., Vice-President , Cultural Competency ADAMH BD. Franklin Co. and Charleta B. Tavares , Executive Director, Multiethnic Advocates for Cultural Competency will provide an overview of health care issues impacting the Somali Culture.
- B. Captain Angel Mallia from the Ohio Nation Guard will provide and up-date on the Guard's suicide prevention efforts for Ohio's Military personnel including an up-date on the Ohio Cares effort.
- C. Paul Granello, Ph.D., LPCC, Associate Professor OSU and Debra Copeland, M.H.C.S., OSPF Program Administrator will provide an overview of 2 years of grant implementation progress. Ohio's grant includes the Columbia University TeenScreen Program and Mental Health America's Signs of Suicide (SOS) education and screening program. Demographic, geographical, and socio-demographic variables will be shared as well as lessons learned regarding best practice programs for adolescent screening & prevention education.
- D. Kris Washington, OCPSSL, Prevention Adm. ODMH, and Chelsea Stevensen & Ian Taylor, students from Gahanna Lincoln High School, are working together with T.O.V.A.'s Nest and the OSPF to help reduce stigma, promote mental health recovery and prevent suicide. Learn the innovative ways that youth in your community can help make a difference.
- E. Angie Wellman, M.Ed., LPC, Executive Director, Kaleidoscope Youth Center will discuss the impact of societal influences and familial and peer reactions on the mental health of the GLBTQ population. Attendees will participate in a number of activities defining specific tools and skills to effectively work with, and advocate on behalf of, this vulnerable population.
- F. Sandra Harstine, Co-Chair, Muskingum County Suicide Prevention Coalition & D. Larry Branham, LSW, Prevention Coordinator, Thompkins Child & Adolescent Services will address the public health approach to suicide awareness, prevention and intervention; the specifics involved in forming and sustaining a coalition; strategic planning; community and school trainings; awareness campaigns and establishment of support groups for survivors.

Plenary Presenters

Rheeda L. Walker, Ph.D. is an Assistant Professor in the Department of Psychology, University of Georgia. Dr. Walker's primary research focus is suicide and depression in African-American adults. Research models that integrate psychological, biological, and cultural phenomena will advance psychological science particularly for African-Americans and other underrepresented groups in the U.S. Dr. Walker has bridged several interrelated areas including: measurement of depression and negative emotionality, psychosocial and cultural factors in resiliency, and gene-environment vulnerability to psychological problems.

Joseph D. Hovey, Ph.D. Professor and Chair the Department of Psychology, University of Toledo, Director, [Program for the Study of Immigration and Mental Health](#) and Co-Director, [Center for the Study of Anxiety Disorders and Depression](#). Dr. Hovey's research interests include: depression and suicide among immigrants, acculturative stress and mental health, psychological functioning of migrant and seasonal farmworkers, suicide prevention within the community, attitudes towards immigration, ethnic identity, and outcome evaluations of community prevention activities.

Scholarship Information: A limited number of scholarships are available for survivors of suicide, mental health consumers, family members and students. Recipients will receive free registration. To apply, please check the scholarship request box on the registration form.

Questions Contact:
Cheryl Holton, Program Administrator
614-688-4480 or Holton.32@osu.edu

Ohio Suicide
Prevention
Foundation



5th Annual Suicide Prevention Coalition Conference

Date: 12/3/08

Holiday Inn Hotel
Columbus/Worthington
7007 High Street
Worthington, OH 43085

With Support From: the Ohio
Dept. of Mental Health, Ohio
Dept. of Alcohol & Drug
Addiction Services, and The
Ohio State University

5th Annual Suicide Prevention Coalition Conference

You are cordially invited to attend the 5th Annual Suicide Prevention Coalition Conference presented by the Ohio Suicide Prevention Foundation (OSPF) with support from the Ohio Department of Mental Health, Ohio Department of Alcohol and Drug Addiction Services, and The Ohio State University. This one-day conference has been specifically designed to meet the needs of new and established county suicide prevention coalitions. This year the conference has a special emphasis on understanding cultural, racial and ethnic issues in relation to suicide prevention. Survivors of suicide, mental health professionals, social service providers, educators, consumers, family members and others concerned with preventing suicide and saving lives are encouraged to attend the conference.

Participants attending the conference will be able to:

- Describe risk factors and warning signs of depression and suicide
- Discuss evidence related to community-based suicide prevention
- Identify promising programs and interventions to reduce the risk of suicide and help prevent suicide deaths
- Identify directions for future suicide prevention initiatives
- Utilize knowledge of local and national resources to raise awareness, enhance coalition development and initiate programs to reduce the rate of suicide in their communities.

6.0 Continuing Education Credits (CEUs and/or Recognized Clock Hours (RCHs)) will be provided.

Program Agenda

- 8:30 am Registration & Continental Breakfast
- 9:00 am Welcome, Carolyn Givens, Ex. Dir. OSPF
Introduction, Charleta Tavares, Chair, OSPF Board of Directors
- 9:10 am Plenary Session I, Rheeda Walker Ph.D.
Suicide Risk and Protective Factors Among African Americas
- 10:45 – 11:00 am Morning Break
- 11:00 am Plenary Session II, Joseph Hovey Ph.D.
Stress, Coping, and Suicide Risk in Immigrant and Ethnic Communities
- 12:15 — 1:00 pm Networking Lunch
- 1:00 — 2:15 pm Afternoon Breakout Sessions:
- Health Care Issues and the Somali Culture
 - Suicide Prevention Efforts Touching Ohio's Military
 - Results of Ohio's Garrett Lee Smith Adolescent Suicide Prevention Grant
- 2:15 — 2:30 pm Afternoon Break
- 2:30 — 2:45 pm Afternoon Breakout Sessions:
- Students Help Reduce Stigma and Promote Good Mental Health
 - Suicide & the GLBTQ Population
 - Developing and Sustaining Suicide Prevention Coalitions
- 3:45 — 4:00 pm Closing

Registration

The registration fee is **\$45.00** for coalition members and **\$50.00** for non-members. Please make check or purchase order payable to the Ohio Suicide Prevention Foundation. Each registrant must complete a registration form and select two afternoon breakout sessions. Complete this form and mail with a check or Fax with purchase order by December 1, 2008 to Ohio Suicide Prevention Foundation, 325 Stillman Hall, 1947 College Road, Columbus, Ohio 43210 or Fax to 614-247-6173

Name _____

Agency _____

Address _____

Email _____

Phone _____ Fax _____

Sign-up for Breakout Sessions:	1st Choice	2nd Choice
Afternoon 1:00 to 2:15		
Afternoon 2:30 to 3:45		

Scholarship Requested

Return Registrations to:

Ohio Suicide Prevention Foundation

325 Stillman Hall
1947 College Road
Columbus, OH 43210

Phone: 614-688-4480
Fax: 614-247-6173
E-mail: Holton.32@osu.edu
www.ohiospf.org